It was back through Halifax again . . . this time ☺ . . . to the 'Cabot Trail' ♥

She rented a car – to get up there . . . and somehow managed to return it – 'via a drop off point' $\Psi\Psi\Psi$

Sure to their word \odot . . . 'the guides' had led her, ever so graciously

... to a 'stationery store ... where together $\Psi \Psi$... they bought ... the ream of paper' $\Psi \Psi$

.

: : : :

They also bought . . . provisions . . . and 'she . . . settled in' $\mathbf{\Psi}$

This time . . . she was in . . . a 'remote . . . resort village' ♥♥♥ . . . which was

'currently . . . off season' ♥♥♥ . . . so she was 'essentially . . . there alone' ♥♥

: : : : : : : : : : : : : : : : :

The 'first' thing the 'guides' did was to 'demonstrate . . . to her' ♥♥♥

That 'she' is naught 'in charge' of !!

Her own . . . 'emotions' ♥♥♥

How they 'showed' . . . her this : -)

Was . . . as she was in . . . a 'head' stand . . . against . . . a 'wall' !!!

They 'shifted' . . . her 'energy' ♥♥♥

So that she 'felt . . . something quite strong' ♥♥♥

Innocently ... she 'pondered' ... 'What ... just transpired? ??? ... that i am

now . . . feeling so tired?'???

And then . . . in a 'split second' $\mathbf{\Psi}\mathbf{\Psi}$

She was flaming! . . . in a rage ! . . .

Then as if \ldots she was being 'played \ldots with' $\mathbf{\Psi}$

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She was equally suddenly . . . *serene* ♥♥

As if . . . 'a storm had brewed' ♥♥

And been masterfully . . . 'stopped' ♥♥

: : : : : : : ::

And 'all of this . . . arose and fell . . . inside of her . . . own *self*' $\Psi \Psi$ It 'was naught her' . . . or 'provoked by her' . . And yet it 'felt like her . . . *in side*' $\Psi \Psi$

: : : : : : :::::

And just as 'soon . . . as this lesson . . . was complete . . . *it was gone*' ♥♥ And never since . . . has it 'repeated' ♥♥

Until . . . 'last autumn' ♥♥♥

When ... 'the folks *out there* ... *in the cosmos* ... *began* ... *to clean her out'* *****

۲

So that 'she' 😊

Would naught 'need' ♥:-)

To dew all of this $! \dots$ her $! \dots$ self $\Psi \Psi$

And it was is 'because . . . of that one experience' ♥♥ . . . over twenty . . . years ago ♥♥ . . .

That 'Ella' Ψ ... felt 'at peace ... with ... this' Ψ And she 'allowed ... their mastery in' Ψ For 'as ... the *great awakening*':-) It does 'swell ... its *lovely tide*':-) Humans will 'need ... *cosmic assistance*' !!!! Ore they might get 'washed ... up *in the tide*':-(As there is 'so' much to 'clean' out 'of ... this house we call ... the ... Earth' Ψ

¥

So much . . . 'toxicity' : - (And even . . . more so ♥♥ . . . there is 'so very much . . . to . . . clean . . . out' ♥♥ From ow er minds ♥♥♥!

.

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```
:-(!!!!♥♥!!
     This: -)
     Is where 'Divine !!!
      'Intervention : - )
      `It \ldots comes \ldots in' ! \odot \lor \lor \lor \lor
      For we 'humans : - (
      'Have been too slow : - (
      'To demonstrate ♥♥
      'That we can' ♥♥
     Take 'care of . . . our own selves ♥♥ . . . let alone ! . . . this precious play net '
* * * * !
     And so Divine Consciousness ♥♥ . . . 'beyond our ego selves' ♥♥
     Is here and 'ready : - )
      'To assist'
      ***
                               . .... .... . . .... .....
     And Ella 😊
      Has been 'a prototype !!!
      'Experiment !
      'For all of this' !:-)
           For 'since . . . the most recent . . . acceleration . . . it began' ***
     In the 'early months . . . of the year . . . here on earth . . . known as' : - )
     Twenty . . . 'fourteen' !!!!!!!!
      'Ella' : - )
     Has been 'prompted' : ♥♥
     One might call it 'catalyzed . . . to heal' ♥♥♥
```

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 ¹³⁵ As she was entering the group therapy at McGill, Ella received the intuitive insight that . . . 'I want to clear all of my past – and learn how to digest my experiences in real-time ♥♥ – so that I Water Lillies
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So that *she* \forall *can* \forall *fly* \forall *free* !:-)

: : :

And as 'Time ! . . . is of the essence' !!! : -)

And there is 'naught a breath . . . to waste' . . .

What has been 'happening : -)

'Is that Ella' : -)

Has been being *catalyzed* . . . *awake* : -)

And as her 'emotional . . . scabs ♥♥ . . . throughout Time . . . and Space'. . .

Are 'opened . . . then the guides can !! . . . clean them out ! . . . on her behalf' ♥♥

As 'there' is naught e 'nuff' Time : - (

For 'all of humanity ♥♥ . . . *to heal* . . .

'Without ♥♥... Divine Assistance':-))))

And this is 'what . . . *this BOOK IS*' ♥♥

:

A loving 'catalyst' ♥♥♥ And a boost ! !!!!!!!!!!!

To require us! . . . to clean UP! : -)

The 'debris . . . in the field' . . . that we have been ignoring . . .

For far . . . too. . . long

:-(

never accrue a past again ' Ψ ... In twenty-twelve $\Psi \Psi \Psi \Psi \Psi \Psi$... she received the direct guidance that 'she will soon be completely clear ' $\Psi \Psi$... With this came the 'sensory preexperience' of *being completely clear* $\Psi \Psi$ – *such that she is ultimately un-triggerable* $\Psi \Psi$... As ... it is only when there is still 'debris, locked inside of us' that we can be 'triggered, and react' $\Psi \Psi$ $\Psi \Psi$... What Ella was is 'attuning to' $\Psi \Psi$... is the active state of "walking the planet as a naked soul" $\Psi \Psi$ – with zero 'protection' $\Psi \Psi$ *as there is zero danger* $\Psi \Psi \Psi$ As we 'clean out the past debris inside of us $\Psi \Psi$... *we cannot be explosive, unpredictable, or in any way volatile* ' $\Psi \Psi \Psi$... Hence \odot ... we lose our 'fear of being triggered' $\Psi \Psi$... as there is nothing 'in' us $\Psi \Psi$... *to explode* $\Psi \Psi \Psi \Psi$!....

: : : : : : : ::

v







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This is how Ella discovered . . . just how 'naked' she is ♥♥ To her 'guides'

v v

: : : : : : : ::

:

Little ♥♥

Did 'she' know

**

That 'years later . . . this would become' ♥♥♥

The 'basis . . . of remote viewing' *** * * * * * * * ***

And her 'being . . . in sacred view' ♥♥

"Much more ♥♥

"Will be said of this ************

"In the pages $\Psi\Psi$

"To come : -)

"So for now !!

"Just relax ©

"And enjoy !

"This sacred song" : - \mathbf{V}



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It was 'arduous . . . birthing these' ♥♥

For she would 'see them . . . in her third eye screen' $\mathbf{\Psi}\mathbf{\Psi}$

And she would 'scribe swiftly . . . to keep up with these !!!

'Movements . . . she was seeing' ! ☺ ♥♥♥

For these 'dances . . . were off this planet !!!!!!

'They depicted \odot ... the integrity' !!!!!!

Of the 'stellar . . . reality !!!

'Of life !

'In the cosmos' !!!

And 'no' thing she had ever 'seen' be fore 'this . . . paralleled' ♥♥ . . .

```
What . . . she was 'being' shown ♥ ♥♥
      That 'one' day ♥♥ . . . some day . . . she will dance ♥♥
                                          :::
       She scribed . . . 'the symbols' ♥♥
      To depict . . . 'the movements' \mathbf{\Psi}\mathbf{\Psi}
       So that what became . . . a decade later !!!
       She would 'breathe' them ♥♥
       'To ©
       'Life'!
       ÷
                      · ···· ······
       'That was then !!
       'And this !!
       'It Is Now'! !!
             And here 'she' was ©
       'Alone' ♥♥♥
       At this 'off season . . . resort' ♥♥♥
       And 'on weekends . . .
       'Sum pee pull : - )
       'Would come . . .
       'To dine' ♥♥♥
      And 'the chef . . . would arrive . . . to feed . . . the pee pull \odot . . . succulent !!! . . .
food ♥♥♥ . . . to nourish ♥♥ . . . their . . . SOULS' ♥♥
      And she . . . 'would be guided' : - )
      To 'arrive . . . in the dining room' : - )
      And 'silently . . . sit ♥♥ . . . at a table . . . for two' ♥♥
       And she . . .
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Would experience ♥♥ 'Community . . . among' them ♥♥♥ All 'be it : - ('Alone' ♥♥♥ She would 'be . . . *amongst friends*' ♥♥♥ For her 'friends . . . *in the galaxies*' ******* Were 'becoming . . . her best friends' : -) And 'with' them © She was 'ha pi' !!! ☺ ♥♥♥ !!! In her 'inner' world : - ♥ ♥ !! ♥ She was naught 'alone' ♥♥ And then at the end . . . of the 'weekend' . . . all of the 'pee pull . . . would leave' . And Ella . . . would bee 'alone . . . again ♥♥ . . . here . . . *beside the sea*':-) It was an . . . 'amazing hybrid !!! . . . experience . . . for her' ♥♥♥♥♥ For 'she . . . was in the physical . . . whirled . . . all a . . . lone' *** * * * ***

And yet in her 'inner' world ©

She was is so rich! ♥♥





They gave her other 'reprieves' . . . to allow her 'spirit mind . . . to rest' ♥♥

There were canoes \odot . . . at 'the resort' !!! . . . and so she 'took one out . . . *on the stream'* *******

Which 'became . . . a wider river . . . as she was floated *out* . . . *beyond* . . . *by the tide*' $\checkmark \checkmark$

It was an . . . 'amazing . . . experience !!! . . . being carried *OUT* ♥♥ . . . *upon THE TIDE* ' : -)

It was the . . . !!! . . . paddling . . . 'back' : - (!!! That was . . . 'the experience' ! : -) For *the tide*!! Is a strong thing © To 'navigate . . . as a pulse'! @ And Ella 😊 Was is a 'slight' . . . girl : -) !!! And this . . . Was . . . Α... 'Pulse' ! ÷) She surrendered : -) Into the 'UP' stream : -) !! ♥ ☺ And she was 'carried !!

'Back Home' ! : -)
Safely ♥♥
'And successfully' : -)
She was 'carried' ♥♥
To . . .
Home
♥
*
*
*



Today she we are 'tired' : - (

As she is preparing ♥♥

For 'Easter Weekend' ♥♥

And a 'clearing . . . of sorts ♥♥

'That is due . . . to take place $\Psi\Psi$

'Prior . . . to then'

۷

:





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She was allowed . . . once ☺ To 'walk . . . into town' : -) And there . . . 'she discovered' !!! That (of course ♥♥) There was 'a purpose' ! : -) : : : :: For as she strolled 'leisurely . . . past' : -)

The 'store . . . in which they sell' . . .

Albums . . . and such $\ensuremath{\textcircled{\sc only}}$

You can 'guess' this ♥♥

There was 'a new release ♥♥

'From Paolo' : -)

: : : : : : : ::::

And what was 'especially !
'Reassuring !!
'For Ella !!!!
'About this' !
©
Was is that 'while . . . she was in ♥♥
'The first cabin . . . up on stilts' : -)

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She could *feel* it : -) That 'he . . . 'Was preparing ♥♥♥ 'To soon . . . 'Release : -) 'A new . . . 'Sacred album !!! 'And this ! 'Is what he did':-) For 'every time ♥♥ 'She was given ♥♥ 'A sense that something $\mathbf{\Psi}\mathbf{\Psi}$ 'Would transpire' ♥♥ And it did ! ۷ ¥ This . . . Was akin to 'gold' For Her ¥ ۷ For this was 'all the proof 'That she was given' ۷ ¥ So that she $\forall \forall : -$) $\forall \forall \forall \forall$ 'Would trust ♥♥ 'More than any ♥♥ 'Other human'

Did ۷ ۷ With fairy © Little 'evidence' ** ۷ To 'support ♥♥ 'All of this' ¥ ¥ : ::::::: And . . . Yes 🙂 You might have guessed ! *It !* ۷ ۷ \odot She could naught © 'Stop 'Listening' :-) To Paolo © 'Singing'!:-) Ohh . . . So very 'sweet' ☺♥ ۷ ۷ : ::

For 'this . . . was like nectar ♥♥♥♥ . . . *fresh* ! . . . *from the vines*' !!!!!!

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For her to hear !!! his recent voice ! !! !

This ♥♥ Was is 'the greatest . . . 'Gift' ♥

:





She was never allowed . . . to look at her accounts . . . to find out how . . . *much money was left* $\forall \forall$

For she was to trust . . . that she had enough . . . 'money' . . . that is \odot

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To . . . 'get through this'

¥

And so this was a part ♥♥
A very 'huge' part ♥♥
Of her training . . . in trust ♥♥
That The Divine ♥Will ♥ Provide
♥♥
And still to this day ♥♥
She walks this way ♥♥
For right now she has less ♥♥
Than 'two . . . months . . . rent' Water Lillies
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۷ ¥ And she is to trust ♥♥ That All It Is Well ♥♥ That she will naught bee 'dropped' ☺ ♥♥ That she is ♥ now ♥ held ☺ ♥♥ And that she 'too' must trust ♥♥ That this **Space And Time ♥♥** It Is A Ligned ♥♥ For Them То Meet ۷ : :::::::: And 'you' © May 'never know :: 'Just how much ! 'She does trust' :: For 'she' is a 'lea' der in 'trust' ing The Divine *!!!!* : :: And this is a 'lone' ly ride : - ('Sum' times ! Sum . . . Times **** Water Lillies

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.

And so once even !! As she was banking !!!! She was asked !! For her I D !!!!!! To 'prove !! 'That she is who !! 'She says !! 'That she is' ! : -) As it was is . . . 'So rare' : - (That she 'deposits in . . . to ♥♥ 'Her account' . . . Without 'removing . . . 'The money soon' . . . As it is 'needed . . . 'For this art' *** And even . . . In the mid 'new century' : -) Its . . . 'first new decade' : -) Ella . . . 'declared bankruptcy'¹³⁶ . . . As she had . . . 'Run out'

¹³⁶ Do you have any clue how many people have declared bankruptcy during the course (!) of their lives? $\Psi \bullet \ldots$ Doctors, lawyers, business people, millionaires, accountants . . . And *so many* people 'hide' it !! . . . For fear of this bait / hook called 'Shame' :- (. . .

How . . . ? She has 'survived ...? ... this ...? ... long' ...? :: Is a 'miracle . . . in itself' \odot For it is 'naught 'That she is a pauper' :-) Ordinarily ! That is : -) :: Yet she . . . Has given 'every' thing . . . Yet naught !! As a martyr *** Yes she © Has given 'ev ry thing ♥♥ 'That she is $\mathbf{\Psi}$ 'For this great cause' ¥ And still ☺ ♥♥ She **Trusts** ! :-♥ !!!!!! That 'she ♥♥ Water Lillies © 2015 www.waterlillies-thebook.com Published real-time whilst scribing ©

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'Will be taken care 'Of' ** And this © It Is THE DOVE ۷ ¥ For 'The Dove ♥♥ 'Is The Trust ♥♥ 'Of All Of US ♥♥ 'In Sacred Love ¥ ۷ *'Which Is All There Is* 'In The Uni Verse ۷ 'And This IS ** 'What Is **'Waking** 'UP' ¥ ۷ "We bow © "To you ♥♥ "Beauteous !! "'Humans' ! ☺ ♥ "For It Is You ! "Our Dear ! "Soul !

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"Friends ! ♥♥
"Who Are MENDING ♥♥
"THE
"FALL"

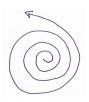
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It was the 'insurance . . . from her spinal accident' : -) That 'paid for . . . *this cloister oyster*'

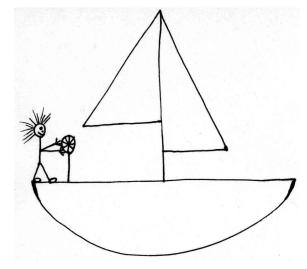
♥ ☺ ♥

And 'this is the sort . . .

'Of thing that *helped* . . . *her* . . . *trust* ♥♥

'That precisely everything ♥♥

'Was taken . . . care . . . of . . . ♥ . . . !' . . . ♥ . . . ♥



```
Don't you just love !

How we draw ?

!

What FUN !!

:-)

\checkmark

\checkmark

\checkmark

We didn't tell you this . . .

Yet :- ((((

:::

That . . . 'the guides . . . went out . . . a . . . gain \checkmark \checkmark

'As Ella . . . was en route \checkmark \checkmark

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'Via Halifax . . . to the Cabot Trail' ♥ ♥♥ And 'this' time They did naught 'fore warn' her : - ((((((() She felt 'Abandoned')) She felt 'SO ALONE'))) And 'this' time)) It was 'two days' That they were 'gone' Gone Gone Gone Gone Gone ۷ ¥ : It was true *** This 'did' give her a rest *** And *it did !!* Fortify ! Her ! Trust ! Water Lillies

))

۷ ¥ For "Absence !! "It Makes The Heart ♥ ☺ "Grow !! "Fonder" !!!!!!! And this is precisely !! What IT DID ! 0 ۷ ****** Her guides ♥♥ 'Never 'Again' * ** Went out ¥ Of her View *** With 'exceptions' ! Of course © Which we shall tell You Of** In ** 'Due ! 'Course' ! ******

:

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Ella's 'trust

'In her guides'

* **

Was is 'as strong

'As an oak tree trunk'

It was is 'as strong

'As forged steel

Is'

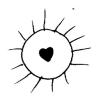
! !!

It was is

'As strong ♥♥

'As ♥♥

'L O V E VVVVVVVV







Ah . . . Yes : -) 'Completing . . . *the Book'* ♥♥♥

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```
: .... : : ......
                        . . . .....
                                  :-)
                                   **
                                   !!!!
                                   \odot
                                  ***
                                   ۷
     They were true to their word \mathbf{\Psi}
     As they always . . . always are ♥♥ ☺ ♥♥♥ !!!!!!!
     And it took ♥♥
     Far less ♥♥
     Than even ♥♥
     'One ream' ♥♥
     For 'the ending ♥♥
     'Of this great Book ♥♥
     'It always ♥♥
     'Has Been . . .
      'And . . .
     'Is'
     ۷
     ¥
     About 'One' thing
     **
     And only 'One' thing
     **
     And ♥
     **
     It Is Trust
     ۷
     **
     For 'Trust IS'
                             Water Lillies
                                                                     507
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**

The 'Only IS'

**

In 'All OF'

**

CREATION

There is no 'other' way

**

To 'perceive' this

**

Ever

**

'A Gain'

* ***

For as 'we humans . . .

'Stand still . . .

'And remember . . .

'Our

'Own Free

'WILL'

۷

۷

And 'as too . . .

'We align

'This

**

'With Divinity's

**

'WILL'

۷

**

There will 'be'

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** No more 'hunger' * ** There will 'be' ** No more 'slaughter' * ** THERE WILL BEE *!!* **ONLY PEACE** AND LOVE ** WHICH IS THE WILL ** **O**F GOD ۷ ۷ "Trust ♥♥ "It is all about Trust ♥♥ "Trust ♥♥ "In the Unseen" ۷ ¥ This . . . Is was 'the ending' ** Which too was

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Is ** The Beginning :-) There 'is' \odot No other 'story' * * * 'Ever' ** To be 'Told' ¥ ۷ 'For this ♥♥ **'Is It' !!** Why would we 'ever ?? *'Want an other ??? When we can have* THIS ! RIGHT HERE RIGHT NOW' ! !!! Yes this . . . It is 'our 'Story' ۷ ۷ ۷ : Trust ** It is ALL ** Water Lillies © 2015 www.waterlillies-thebook.com Published real-time whilst scribing \bigcirc

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In ♥ 'The Sacred *TRUST*' ♥

: : :



