Ella had another dream last night ♥ She was placing . . . something . . . somewhere 'outside of her' ♥ . . . because she was aware that she needed . . . to *let it go* ♥ What 'it' was ♥ . . . was naught 'revealed' ♥ . . . naught yet . . . in 'the dream' ♥ What seemed to be the 'key' of this dream . . . was is that . . . she was to ask friends ♥ . . . to bear witness . . . so that as she 'did' this . . . it would be easier ♥ As she awoke . . . she 'reflected' ♥ . . . somewhat puzzled . . . about 'the meaning' This is when 'the voice' spoke ☺ For she could feel . . . that it was present **** And so she asked it @ . . . 'What is it? That I'm to let go?' "Your heart" ♥ "You don't need . . . to protect it" \(\nbegar{1}{2}\) She immediately . . . *felt* ♥♥ That 'this is true . . . this is absolutely true' ♥ She could feel her wee ego . . . 'resist' this ♥ . . . ever . . . so 'slightly' ♥ For it perceived . . . that its role . . . was is to protect . . . what is naught whole ♥

There was only one unanswered question . . . in all of this ♥

And this . . . has been the 'slow' . . . ness ♥

Of 'all . . . human healing' ♥♥

```
The 'shield . . . ego has placed ♥ . . . around . . . human pain ♥ . . . has made it
difficult . . . for it to heal ♥ . . . which merely . . . complicates . . . and restricts . . . even
more ♥ . . . as it . . . holds on to . . . what hurts . . . which is the pain' ♥♥
                  And as Ella . . . felt gently . . . into the truth . . . in this message ♥
       Of the dream ⊚ . . . 'the voice' had given her ♥
       She began . . . to 'let go' ♥
       And then gently . . . she realized ♥
       What 'her heart . . . has been holding onto' ♥
       The 'wound' ♥
       Has been: - (
       How she Paolo and Javier.
       Were 'torn apart' . . .
       'The voice' . . . who felt more like 'Javier' . . . this ♥ . . . time ♥ . . . said ♥
       That 'as . . . she . . . releases . . . the shield . . . around her heart' ♥
       And 'as . . . she allows me . . . Geneviève . . . to tell this story' ♥
       Then 'she . . . will receive . . . the greatest gift . . . that there is ' ♥
       Which is the 'healing . . . of the split ♥ . . . and the union . . . that precedes it' ♥
                                    . . ..... . ..... . ....
       Humpty Dumpty ©
       'Sits ♥
       'On this wall ♥
        'So tall . . . now' ♥
       For Ella ©
       'Understands' \(\neq\)
       That 'as . . . she allows ♥ . . . this healing . . . of her fragile . . . heart ♥
        'The human heart ♥... will be healed ♥... of the tear... that took place' ♥
       The 'fissure' . . .
```

```
The 'fracture' . . .
       The 'split . . . can be healed' ♥
       If she . . .
       As any human © ♥♥
       Allows it ♥
       To heal ♥
                                      ......
       Sum ©
       Might call this 'courage ♥
       'Sum!
       'Might call this stupidity' 101!
       : - (
       It 'is . . . what it is . . . ♥ what it is . . . ♥ what it is '♥
       She knows the price ♥ . . . that humanity has been weighing . . . resisting its
paying . . . for this . . . unholy split ♥
       And she holds the power ♥♥♥ . . . to heal, within herself ♥
       And allow ©
       The quiet re union!!
       To begin ♥
       Now ♥
                               .....
       "Let go . . . of 'the words' ♥
       "And ye shall see . . . the true meaning •
       "For as ye cling . . . to 'the words' •
       "Ye loses . . .
       "The full meaning" ♥♥
```

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 $^{^{101}}$ The ego mind, in its attempt to 'protect', can find 'all sorts of reasons' ©, to justify, why, to 'naught' trust, what is benevolent ♥, and thus to hold back, from surrendering, into, its freedom ♥



'The guides' had explained to Ella . . . while in cloister ♥ . . . 'the principle . . . of pacing' ♥ That . . . 'an individual . . . is naught an individual . . . to the degree . . . that they may think' ♥ What they meant by this, is that $\mathbf{\Psi}$, we are each, *interconnected* $\mathbf{\Psi}$ So much so ♥, that 'our awakening, it must be paced, for the collective' ♥ For if 'we . . . awaken . . . too swiftly . . . for those around us' ♥ Then we 'affect . . . a wake' ♥ . . . a great 'swell . . . of a tide' ♥ . . . that is 'too much . . . too fast . . . for those around us . . . to integrate' ♥ . . . which is 'why . . . this great awakening ♥ . . . is paced ♥ . . . for the whole ♥ It is naught . . . just about 'us ♥ . . . ever' really . . . is it . . . now?! It is always . . . about the collective Ψ . . . It is always ☺ About the 'whole' ♥♥ In the 'quantum physics . . . of the cosmos . . . there is ultimately . . . zero me' ♥ There is ultimately . . . zero 'i' ♥♥ There is only!... the we! ♥♥ "One . . . for all ! ♥♥

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"And All!

"For The ONE"¹⁰² ♥♥

.....



'3 Trees' ⊚ ♥♥♥

Ella was being taught . . . 'via visions, and movements, of energy' ♥ . . . what she would need to know ♥ . . . as she emerged from 'this chrysalis . . . called cloister' ♥♥

She didn't remember Javier yet – at all ∇ : - (

And what she was remembering . . . was but a 'glimmer' ♥ . . .

Of what she 'would' remember . . . of Paolo ******

For this . . . was 'the beginning' ♥♥

Of . . . 'an epic story' ♥♥

And she . . . 'was still a neophyte' ♥♥

Tenderly . . . gently 'stirring' ♥♥

So she was 'nowhere near, yet . . . remembering . . . that she Javier and Paolo . . . had been a triad ♥ . . . or that they three . . . plus Angèle . . . had been . . . a quadrinity' ♥♥

Yet what . . . she 'did' know ♥ . . . was that this . . . 'was a miracle' ♥♥ . . . that

was 'in . . . the making' ♥♥ . . . if . . . she did trust ♥

And so as . . . she was 'directed' ! . . . ever so gently . . . 'by her guides' \forall . . . to 'turn away . . . from the ocean windows . . . and face in . . . toward the forest' $\forall \forall$

For the 'great room . . . of this cabin . . . here in cloister . . . faced the Atlantic' ♥
And the 'kitchen' . . . faced the forest . . . the quiet . . . of the 'green' ♥

.....

¹⁰² "One, for all, and all, for One" . . . is an infamous . . . 'saying' ♥ . . . of 'The Three . . . Musketeers' ⑤ ♥♥♥ . . .

```
She began . . . to 'notice' ♥ . . . that she was being 'gently nudged . . . to notice'!!
⑤ . . . 'three' trees ♥ . . . specifically ♥ . . . it was always . . . these three same trees ♥
       Tall . . . and stately ♥ . . . and gorgeous . . . and quaintly ! . . . she would begin . . .
to 'realize . . . there was a message . . . in these 3 Trees' ♥
       She began . . . to 'ask':-)
       Her 'guides' . . . of course!
       This ♥
       'What . . . do these 3 Trees mean'? ♥
       For everything ♥
       Was becoming a 'symbol' ♥♥
       A symbol . . . via which to 'teach her' ♥ . . . for 'symbols . . . hold deep code' ♥ . .
. and if she . . . could 'understand ♥ . . . with fewer words! . . . this would be grand' ♥
       \odot
       She was told . . . via the movements . . . of energy ♥ . . . naught 'words' ♥ . . .
       That 'these 3 Trees . . . represent . . . something . . . very pure' ♥
           And that 'as . . . she remembers ♥ . . . how to align her chakras ♥ with their
                     chakras ♥... they will begin ♥ to re unite' ♥♥
       And she began to feel . . . a faint sense ♥ . . . that she will be 'teaching ♥ . . .
humanity' ♥ . . . how . . . to 'align themselves ♥ . . . with . . . The Divine' ♥
                                .....
       And so she would stand . . . 'tall' ⊚ . . . directly . . . in front ♥♥ . . . of 'the
window' . . . and align herself ♥ . . . with the chakras . . . of the 3 Trees ♥
       Root . . . belly . . . solar plexus . . . heart ♥ . . . throat . . . third eye . . . and ahh . . .
'crown' ♥♥
                                    'Vertical . . . and exquisite . . . flow of energy . . . it could begin' ♥♥
```

For 'everything . . . in creation ♥♥ . . . has energy . . . centres ♥♥ . . . just like pinwheels . . . spinning ♥ . . . to keep . . . their energy clean' ♥ And 'if . . . these stop spinning': - (. . . or 'if . . . they become sluggish': - (. . . then the 'being . . . the species . . . gradually . . . dies' ♥ There is 'so much!... being said ⊚!... in these simple ... few words' ♥ Breathe deeply, friends ② . . . and 're . . . read . . . them . . . slowly ♥ . . . a few times' ♥♥ She knew . . . there was is a correlation ♥ . . . between the '3 Trees . . . and the Stars' ♥♥ . . . in . . . the 'constellation © !!! . . . of . . . Orion's Belt' ♥♥ "All ⊚ . . . it is revealed ♥ . . . 'in Time ⊚ . . . lille one'" © ♥♥♥ Shakey . . . said For 'he . . . was her *left* . . . *hand* . . . *man* ' ♥ And he was always 'there . . . by her side' ♥ To 'comfort her' ♥ And to 'play with her' ♥ For 'he! was very funny!' And to 'explain to her . . . the meanings . . . of . . . these sacred codes' ♥ They became ♥ 'Such deep friends ♥ . . . via being . . . together ♥♥ . . . in this . . . unique cloister' ♥♥... that was is ... 'Ella's life' ♥♥

She began noticing . . . the 'noxious fumes' ♥ . . . that were 'emanating . . . from beneath' ♥ And as she 'attuned to this . . . more closely ♥♥ . . . she began to realize . . . what this was is' ♥ It is the 'rotting . . . of the egg' ♥ It is the 'rotting . . . of the flesh' ♥ It is the 'toxicity . . . of the human wound' ♥ Waiting desperately . . . to be healed ♥ At which point Shakey, explained to her © That 'when a wound . . . is sequestered . . . meaning hidden . . . from consciousness' ♥ . . . it can naught . . . ever heal ♥ . . . It needs light and air . . . to be healed ♥ The 'light went on . . . in Ella's head' ♥ . . . as she 'realized . . . what this meant' ♥ ... that 'human wounds ... need air and light' ♥ ... or they will 'fester ... all through the *night* '♥ The dark night . . . of the soul ♥♥ And that 'the same principles . . . apply . . . for healing a wounded heart . . . or an eye . . . or a bruised ankle . . . or a broken toe ♥ . . . it doesn't matter . . . what needs to heal' ♥ The 'inside' . . . and the 'outside' . . . the 'heart soul' . . . and the 'flesh' ♥ . . . they all need . . . to heal ♥ . . . and 'this is how . . . healing works' ♥ The 'wound' . . . needs to be 'opened' . . . 'again . . . just enough' ♥♥ . . . for the 'Light . . . to penetrate it' ♥ . . . to 'Love it . . . with its pure Touch' ♥ : : ::::: And so 'scabs . . . need to be opened' ♥ . . . 'metaphorically . . . speaking' ♥♥ And 'bones . . . need to be broken' ♥♥ . . . 'in order . . . to strengthen them' ♥♥

```
She was being given ♥ . . . a 'lesson'!! © ♥♥ . . . in 'how to heal . . . the human
species' ♥♥
       This was 'huge' – she knew . . . 'and vital' – she knew . . .
       And she . . . would be a 'guinea pig' ♥
       She would . . . 'trust . . . enough ♥ . . . for this experiment . . . to be proven true'
♥♥... so that 'she ♥... as a prototype' ♥... could be transmitted out ♥... into the
whirled (world) world'!♥
       For 'all . . . advancements ♥ . . . of any sort . . . in any medium' ♥♥♥ . . . are
'initially . . . seeded . . . and then . . . they proliferate' ♥♥
       And if as 'she . . . was is willing' ♥♥
       To 'act . . . as a magnet' ♥♥
       To 'attract . . . others like her ♥ ⊚ ♥♥
       'They we will reach!... critical mass'!
       For as a 'critical . . . number'
       In 'any . . . situation' ♥♥
       Are "gathered . . . in my name" ♥♥
       The 'teeter totter . . . does tip' ♥♥
       What 'was' dark . . . becomes Light ♥
       And what is Light . . . expands Light ♥
       And so 'duality' . . . which onetime 'did exist' : - (
       It . . . is . . . no . . . more ♥
       For 'All' is 'ReStored' ♥♥
       To its 'Original . . . State' ♥♥
       Which is Light!
       It always is . . . was ♥
```

Everything emanates \(\nabla\)

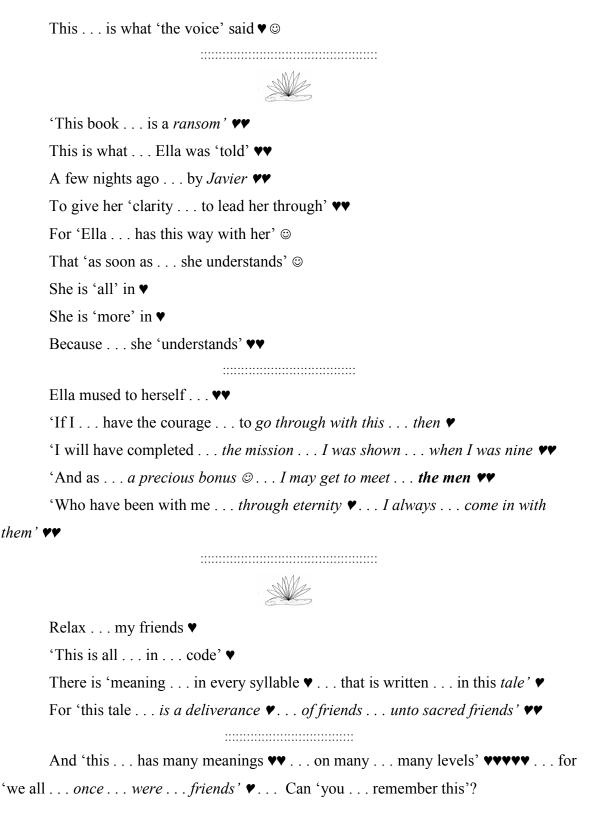
Out of The Light ♥



```
And as 'she ♥
       'Remembers this' ♥
       And as 'she ♥
       'Has the courage' ⊚ ♥♥♥
       To 'go through with this ☺
       'Just like he did' ♥
       The 'lead character . . .
       'In the novel'
       Called Shoeless Joe . . . (Comes To Iowa) !!!!!
       I kid you naught, friends © ♥♥♥♥♥
       This . . . 'entire cosmos'! . . . now awakening . . . 'from its slumber'!! . . . is
following . . . a coded script ♥ . . . called . . . 'Field of Dreams' ♥ @
       The 'journalist' @
       In this 'story' ♥♥
       Is a 'man . . . named Terence Mann' ♥
       And "If I have the courage to go through with this" . . . he . . says ⊚ ♥♥
       "And write about it! © ♥♥
       "What a story this will make ♥♥
       "'Shoeless Joe Jackson Comes To Iowa"" ♥
                         "Build It And He Will Come" ♥
                                  "Ease His Pain" ♥
                           "Go . . . The Distance" <sup>103</sup> ♥♥
```

 103 Quoted directly from 'Field of Dreams' \P . . . \odot . . .

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And the 'merel of this stery' !!! was is to 'le

And the 'moral . . . of this story' !!! . . . was is to 'love they neighbor . . . as . . . thyself' $! \circledcirc \blacktriangledown \blacktriangledown$

As 'we once . . . were all together ♥♥ . . . living ♥ . . . as . . . one . . . Pulse' ♥♥

::

.....







♥ "The Light is Underneath Now" ♥

"The Light Is Underneath" ♥



They *told* her this ♥

And instantly

She knew what it 'means' ♥

.....

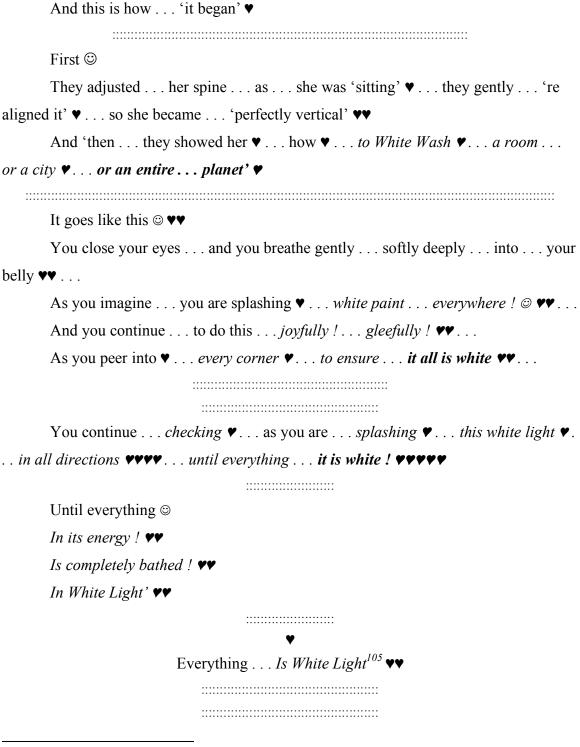
It means that 'all shadow . . . will dissolve ♥ . . . as it can no longer . . . exist' ♥ . . . as 'The Light ♥ . . . begins to shine . . . beam . . . Bright' ♥ . . . from 'behind ♥ . . . and from beneath' ♥♥ For 'as everything . . . becomes lit . . . again' ♥♥ There 'can be . . . no more dark' ♥ For 'everything . . . will remember' ♥♥ That 'it once came . . . from the Source' ♥♥ This is the Source ♥... of all Peace on this Planet ♥♥... it evolves from The Light ♥...being ReStored ♥♥ She knew . . . this to mean ♥ . . . 'the beginning . . . of transparency' ♥♥ 'No more' secrets . . . 'No more' hiding . . . All . . . shall be revealed ♥♥ And 'she' felt ♥ Tremendous ♥ Relief ♥♥ For 'it . . . is underway' ♥♥



She was guided . . . to go 'down' . . . there ♥ . . . to where . . . the 'noxious fumes' were **v** And as she 'sensed in . . . to notice them' ♥ . . . she 'realized . . . they were non physical' ♥ Which eased her . . . 'somewhat' ! ♥ . . . for she felt 'safer . . . in their presence' Such . . . is the way © ♥♥ . . . with . . . 'a neophyte' !! And so she went ♥ She was guided . . . to open . . . the 'hatch door . . . in the floor' ♥ . . . in the centre ... of the kitchen ... and release ... 'the rope there' ♥♥ For 'there was . . . a rope ladder ♥♥ . . . that descended . . . towards the ocean' ♥♥ ... and 'when ... the tide was out \mathbf{v} ... one could explore ... the ocean floor' $\mathbf{v}\mathbf{v}$ She lowered . . . a wooden chair ♥ . . . just as . . . her guides 'asked her' to ♥ . . . for 'she trusted them \P . . . implicitly \P . . . in all \P . . . they guided her to be . . . and . . . do'♥ It was night time ♥ . . . it was full moon! ♥♥ And there was no one else . . . 'around' ♥ They asked her . . . to disrobe 'again' ♥ And to sit . . . 'in this chair' ♥ As she faced . . . 'towards the ocean' ♥ On this 'pristine . . . moonlit night' ♥ And they began . . . to 'teach her' things ♥

¹⁰⁴ One who is still 'innocent' © ♥♥♥♥♥♥♥♥♥♥♥ . . .

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¹⁰⁵ Regardless of race, creed, gender, culture, religion, ideology, age, and other 'isms' ♥♥ . . . everything . . . at its core ♥ . . . is ReStored ♥ . . . to White Light ♥

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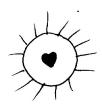
This . . . is the degree \P . . . of Ella's *trust* . . . *that she would do this* \P . . . that she would . . . 'undress . . . beneath the moon beams \P . . . and bathe *the whirled* \P . . . *in White Light'* \P





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